

## 2025 Ceroc Routines - Ceroc Ball (+ Australian Ceroc Dance Championships Option)

### Rehearsal Suburb:

Concord

Course Fees:			Approx Routine Length
Roz's Solo Routine (no partner required)	\$100 per person	TBC	2-2.5 mins
Ceroc Medley (partner req) <b>Level 1 Only:</b>	\$130 per person	1 min	40 secs
Ceroc Medley (partner req) <b>Level 1+2:</b>	\$160 per person	2 mins	50 secs
Ceroc Medley (partner req) <b>Level 2+3:</b>	\$160 per person	2 mins	10 secs
Ceroc Medley (partner req) <b>Level 1, 2 + 3:</b>	\$200 per person	3 mins	50 secs

Please note it is not an option to do Level 2 ONLY, or Level 3 ONLY, as these sections are only approx 1 minute long

### Additional Costume Cost:

Approx \$30-\$40 per person (plus BYO black pants & black, silver or gold dance shoes), due at the first session if you intend to perform.

### Ball Ticket:

A ticket for the Ball will be required if you intend to perform (price TBC - approx \$125-\$140).

### Levels:

Please see our website <https://www.ceroc.com.au/workshops/routine-courses/> for a guide on levels and take guidance from the teachers on what level is best suited to you.

You may learn at one level above your approved level, with the understanding that the tuition speed and detail will be aimed at the higher level, and performance of that level may not be an option.

### Championships Option:

- **Level 3 Dancers** may apply to participate in the **Advanced Champs Team** at the Australian Ceroc Dance Championships (6-8 June 2025) in Sydney. Applicants must have achieved and perfected the Level 3 choreography for the Ball, and be willing to attend ALL Sundays from 30th March to 1st June (apart from Easter Sunday & Mothers Day) to learn additional choreography. Cost TBC depending on numbers. You must also be available to attend the Queensland Modern Jive Championships on the Gold Coast in August (date TBC). Please discuss with Julie for further info.

- **Level 1 + 2 Dancers** may apply to participate in the **Intermediate Champs Team** at the Australian Ceroc Dance Championships (6-8 June 2025) in Sydney. Applicants must have achieved and perfected the Level 1 AND Level 2 choreography for the Ball, and be willing to attend the following THREE Sundays for additional practise and polishing of the existing choreography: 27th April, 25th May, 1st June. Cost TBC depending on numbers. Please discuss with Julie for further info.

BALL		3.30pm til 4pm	4pm til 4.30pm	4.30pm til 5pm	5pm til 5.15pm	5.15pm til 5.45pm	5.45pm til 6.15pm	6.15pm til 6.30pm	6.30pm til 7pm	7pm til 7.30pm	7.30pm til 8pm	8pm til 8.30pm
Rehearsal Timetable:		30 mins	30 mins	30 mins	15 mins	30 mins	30 mins	15 mins	30 mins	30 mins	30 mins	30 mins
Sunday	2-Feb-25	Roz's Solo Routine (1 hour session)	Ceroc Medley - Level 1 (1 hour 45 min session)			BREAK		Ceroc Medley - Level 3 (1 hour 30 min session)				
Sunday	9-Feb-25	Roz's Solo Routine (1 hour session)	Ceroc Medley - Level 1 (1 hour 45 min session)			BREAK		Ceroc Medley - Level 2 (1 hour session)		Ceroc Medley - Level 3 (1 hour session)		
Sunday	16-Feb-25	Roz's Solo Routine (1 hour session)	<i>Optional Open Practise (45 mins)</i>		Ceroc Medley - Level 1 (1 hour 15 min session)			Ceroc Medley - Level 2 (1 hour session)		Ceroc Medley - Level 3 (1 hour session)		
Sunday	23-Feb-25	Roz's Solo Routine (1 hour session)	<i>Optional Open Practise (45 mins)</i>		Ceroc Medley - Level 1 (1 hour session)		<i>Flexible depending whether Level 1 or Level 2 needs more</i>	Ceroc Medley - Level 2 (1 hour session)		Ceroc Medley - Level 3 (1 hour session)		
Sunday	2-Mar-25	Roz's Solo Routine (1 hour session)	<i>Optional Open Practise (45 mins)</i>		Ceroc Medley - Level 1 (1 hour session)		<i>Flexible depending whether Level 1 or Level 2 needs more</i>	Ceroc Medley - Level 2 (1 hour session)		Ceroc Medley - Level 3 (1 hour session)		
Sunday	9-Mar-25	Roz's Solo Routine (1 hour session)	<i>Optional Open Practise (45 mins)</i>		Ceroc Medley - Level 1 (1 hour session)		Medley ALL LEVELS (45 min session)		Ceroc Medley - Level 2 (Half hour session)	Ceroc Medley - Level 3 (1 hour session)		
Sunday	16-Mar-25	Roz's Solo Routine (1 hour session)	<i>Optional Open Practise (45 mins)</i>		Ceroc Medley - Level 1 (Half hour session)	Ceroc Medley - Level 2 (Half hour session)	<i>Flexible depending whether Level 2 or Level 3 needs more</i>	Ceroc Medley - Level 3 (Half hour session)	Medley ALL LEVELS (1 hour 30 min session including a break)			
Saturday	22-Mar-25	<b>ALL ROUTINES - Time to be confirmed (late afternoon, at Ashfield)</b>										

**Note:** The Open Practise sessions (45 mins) are an additional \$5 per person, payable on arrival. They are entirely **optional** sessions, but are an excellent opportunity to make use of a ready made venue and to practise around other dancers learning the same routine/s. **No tuition** is included in this session (but some assistance may be available). Music will run on repeat and will be shared across all routines.

**Note:** Rehearsal times MAY change slightly depending on how many people sign up for each section - eg if we find that one level needs a slightly longer/shorter timeslot. Thank you for your flexibility on this.

Songs:	
Roz's Solo Routine	Footloose - Kenny Loggins
Ceroc Level 1	Dance Like Nobody's Watching - Ricki Lee
Ceroc Level 1	Here To Dance - The Veronicas
Ceroc Level 3	Sucker - Jonas Brothers

