Benefits of Learning a Routine

Looking for a new challenge in your dancing? Learning a choreographed routine could be your next step!

Even if you choose not to perform the routine, learning it is a great social experience that gives you the opportunity to get to know a few more people, and can be very rewarding for every level of dancer.

Other benefits of learning a routine are:

✅ enhancing styling and learning performance techniques

✅ learning those finishing touches that make the advanced couples look great

✅ aiding memory retention and increasing your repertoire of moves

✅ increasing awareness of and appreciation for musical interpretation on the dance floor

✅ appreciating and experiencing better techniques in your dancing

✅ gaining confidence through performance that not only helps you in your dancing but in day to day life too!

So, if you're keen to learn a routine, keep your eye out for what's coming up from your choreography crew and start looking for a partner.

And on that note, check out our Routine Survival Guide too - you'll find it very informative and good advice for those who haven't learnt a routine before!