

## What Categories Can I Enter at ACDC 2025?

1. Firstly check the rules document to see what level you qualify for (enquire to julie@ceroc.com.au if unsure)
2. Find your level in the left hand column and look across to see what categories you are eligible to enter
3. Find yourself a Freestyle Partner, enquire with your local school director re a potential Mentor/Pro Am partner (if eligible)
4. Get your entry in and get ready for an awesome weekend!

**Please note this is a basic summary only** - a full description of the levels is in the rules document on our website.

		DWAS (Open Age)	DWAS (Over 50s)	Freestyle (Open Age)	Freestyle (Over 50s)	Mentor Freestyle	Showcase	Pro Am Showcase	Team
<b>YOUR LEVEL:</b>									
Beginner (<1 Yr)		✓		✓		✓		✓	✓
Intermediate <2 Yrs		✓		✓		✓		✓	✓
Intermediate Plus	(teacher)	✓	✓	✓	✓	✓	✓	✓*	✓
Intermediate Plus	(not a teacher)	✓	✓	✓	✓		✓	✓	✓
Advanced	(teacher)	✓		✓		✓	✓	✓	✓
Advanced	(not a teacher)	✓		✓		✓	✓		✓
Champions		✓		✓		✓	✓	✓	✓
Rockstars		✓		✓		✓	✓	✓	✓

\* In the spirit of Pro Am, a Pro is not permitted to partner with an Am who qualifies for the same competition level as them. Therefore a teacher who qualifies for Intermediate Plus may be the Pro half of a Pro Am Showcase **with a Beginner or Intermediate <2 yrs student only.**

Over 50s categories are for dancers over the age of 50 at the date of the event.  
Dancers over 50 years young may also compete in the open age categories, but not with the same partner.

In Freestyle categories some dancers may elect to 'dance up' (maximum one level) due to the level of their partner.

For full competition rules and to determine your level please read our rules document on our website

<https://ceroc.com.au/wp-content/uploads/ACDC-Rules-2025.pdf>

