Modern Jive Secrets: How DO they do it?!

A full day of development + inspiration with Matt Fairburn & Emma Keating from Le Step Gold Coast, right here in Sydney to share their dance secrets with you….

Saturday 6th March 2027

Canada Bay Club, 8 William Street, Five Dock, Sydney

9.30am Doors Open & Registration

10am Strengthen & Stretch with Lizzy from Moving 4 Health

Prepare yourself for a weekend of dancing – the right way!

Accredited Exercise Physiology professional Lizzy will guide us through some stretch and strengthening exercises specifically designed for dancers, and with relevance to age and ability.

As a dancer herself, Lizzy has combined her professional expertise with her dance skills to not only deliver a one hour session to kick-start our day, but also to provide a take-away program to help you maintain strength and fitness on the dancefloor on a regular basis!

(BYO yoga mat or large towel for comfort on the floor)

11am Three workshops… Three game-changing techniques… One big reveal…

Workshop 1 with Matt & Emma
What's Their Secret?
Focus: The Secret of CONNECTION

Why do some partnerships look effortless from the very first beat? It's not luck — it's connection. Matt & Emma reveal the subtle skills that make a partner feel instantly comfortable, responsive and ready to dance. Explore tone, frame, shared balance and the tiny adjustments that transform a collection of moves into a genuine conversation. Less guesswork. More "wow, that just worked!"

12 noon Dance Break

12.15pm Workshop 2 with Matt & Emma
How DO they do that?!
Focus: The Secret of COMMUNICATION & TIMING

Ever watched a couple hit an unexpected accent or flow through a tricky transition and wondered how they knew? Discover the invisible signals behind clear lead-and-follow, dynamic changes of direction and musical timing. Matt & Emma unpack the preparation, projection and response that let both partners create those "how did they do that?" moments — without relying on memorised patterns.

1.15pm *Lunch (included)*
Please select your choice and specify any dietary requirements on your booking form

2.15pm **Workshop 3 with Matt & Emma**
The Mysteries Unlocked
Focus: The Secret of CREATIVE FREESTYLE

Now put the secrets together and make the dance your own. Learn how champion dancers turn connection and communication into spontaneous choices, playful musicality and confident improvisation. Drawing on their choreography, freestyle and Dance With A Stranger experience, Matt & Emma challenge you to adapt, surprise and shine with any partner. The real secret? Making it look effortless — together.

3.15pm *Dance Break (45 minutes)*

4pm Auditorium: **Workshop 4 – Modern Jive Meets Tango Fusion** with Nicky Haslam & Simon Costain
Canada Bay Room: **LEVEL UP INTENSIVE*** with Matt & Emma

Please read below for details of the Level Up Intensive (limited numbers). Those who don't qualify for the Intensive will participate in the open level session with Nicky & Simon.

5.30pm *Workshops conclude*

5.45pm *Routine Performance Rehearsals (15 minutes)*

7.15pm Dance Party Doors Open

7.30pm Dance Party Beginner Class with Julie & Domenic

8.15pm Dance Party

9pm Performances

11.30pm Close

Relax on Sunday morning and then join us for our **Smooth Sundayz Dance Party** at Concord Seniors Centre, 11 Wellbank St, Concord from 3.30pm til 6pm.

30 minute intermediate class with Pat & Wendy, followed by a battle of the DJs with Pat on the first hour and Matt on the second, between them curating an afternoon of chilled + smooth tunes for us 🙂

Smooth Sundayz entry: $20 on the door

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*LEVEL UP INTENSIVE

*The 4pm session with Matt & Emma is a **limited-numbers intensive** rather than a conventional workshop. With a combination of challenging moves, personalised coaching and performance feedback, this session is particularly designed for high level experienced dancers and competitive partnerships.*

Advanced-level intensive | Partner required | Limited to max 10 couples to allow personalised coaching
Minimum 5 years consistent experience required *(exceptions MAY be made if less than 10 eligible couples)*

Push Your Partnership. Challenge Your Limits. Elevate Your Performance.

Ever wondered what it takes to train like champion-level Modern Jive dancers?

Built on the foundations of **Le Step Gold Coast's Level Up Partnership Program**, this intensive is designed for established partnerships ready to get serious about their dancing.

Join Matt & Emma for a challenging, hands-on training experience that goes well beyond learning moves. You'll tackle a demanding advanced-level sequence, exploring the finer details of connection, timing, technique, movement quality and partnership dynamics.

But here's where the real growth happens!

Each partnership will receive a few minutes of dedicated 1-on-1 coaching, working through individual strengths, weaknesses and the technical details that can take your dancing to the next level.

Then it's time to put it on the floor! Perform your sequence, receive constructive performance feedback and discover what separates the good from the exceptional. **Expect to be challenged, coached, corrected and inspired.**

This isn't just another workshop. It's an opportunity to experience the training methods behind Queensland's competitive success.

Bring your partner. Bring your focus. Bring your A-game.

Private lessons with Emma & Matt MAY be available on Sunday – contact julie@ceroc.com.au to discuss availability.

50 minute private lessons for one or two people are $100 for Emma or Matt individually, or $140 for them both together.