# Routine Survival Guide

Whilst learning a routine is undoubtedly a fantastic experience, there can be some unexpected challenges that we'd like to tell you about!

**Choose your level wisely, and if necessary ask the advice of the routine teachers.**
Decide firstly whether you're up to the challenge of learning a choreographed routine where you will be required to memorise sequences of moves. If that in itself is a challenge, or if you're not confident doing multiple spins, dips etc, don't be afraid to sign up for a routine at a lower level than your current dance ability, and progress to a higher challenge next time. Doing a routine is as much about improving your dancing as it is about having fun and performing - learning a slightly easier routine can help to reinforce good dance technique in a way that a more challenging routine may not if you're not yet ready for it.

**Ensure you have the time and dedication to put in at least one practice with your partner between each scheduled tuition session**.
This is the key to performing the routine to your best. You should also ensure that your partner has the same expectation and commitment.

**Having ulterior motives for asking someone to learn a routine with you is rarely a good idea.**
Choose a partner who matches you on the dance floor, not on the dating scene!

**Understand that everyone has a different learning style.**
If you've signed up for a routine with a new partner, understand how they learn. Think about how you give them feedback – they may not respond well to frustration and loss of patience. If in doubt about to give feedback to your partner, ask your routine teacher.

**And remember, routines aren't for everyone. If you struggle to remember basic class sequences and prefer to just dance socially with no extra challenges, then maybe routines aren't for you. But for the rest of us – they're the highlight of our Ceroc year! Enjoy!**